

## **SMOKE FREE POLICY**

### **Purpose**

Exposure to second hand smoke, also known as passive smoking, increases the risk of lung cancer, heart disease and other illnesses. Ventilation or separate smoking areas within the same airspace does not stop potentially dangerous exposure.

This policy has been developed to protect all children, staff, parents, volunteers and visitors from exposure to second hand smoke and to assist in compliance with the Smokefree provisions of the Health Act 2006 and the related regulations for Wales

### **Policy**

It is the policy of Westend Playgroup to comply with the above regulations in making our setting a no-smoking environment - both inside and outside the building including any grounds.

Nicotine is highly poisonous to children. All smoking products and accessories, including electronic cigarettes and 'vaping' equipment, should be stored out of sight and out of reach of children. This includes those carried in bags and other personal belongings.

All staff are required to abide by and help with the implementation of the policy.

### **Procedures**

- All staff, parents, volunteers and visitors will be made aware of our no-smoking policy.
- We will display 'No-Smoking' signs in prominent positions so that people can see them
- Staff are not permitted to smoke in or in the vicinity of the premises at any time during their contracted working hours.
- Staff are not permitted to smoke (including use of e-cigarettes) whilst supervising children inside or outside the building, on trips or when transporting children (even if using their own car).

### **Non – compliance in respect of parents/carers/visitors**

- We will draw the person's attention to the 'No Smoking' signs and remind them that they are committing an offence. The person will politely be asked to stop smoking and advised where they can smoke.
- We will explain that the business has a smoke free policy and it is an offence for anyone to smoke in the building.
- If ignored, the person will immediately be asked to leave the premises.
- We will maintain a record of all such incidents and outcomes.

## **Help in Stopping Smoking**

The following sources of support are available for smokers who want to stop:

### Stop Smoking Wales

SSW offers a seven-week closed group programme to smokers who are motivated to stop. It provides a combination of behavioural support and information, advice and support to access pharmacological interventions (NRT, Zyban and Champix). A one-to-one programme is offered to patients waiting for an operation, people with mental health problems and pregnant women. Telephone support is also available. Stop Smoking Wales can be contacted via a freephone telephone number 0800 085 2219 or their website: [www.stopsmokingwales.com](http://www.stopsmokingwales.com)

### Pharmacy services

Call into your local pharmacy who will provide advice and one-to-one support.

### Self help Materials

- Stopping smoking made easier:-

[http://wales.gov.uk/docs/healthchallenge/publications/stoppingsmoking/090115stoppi  
ngen.pdf](http://wales.gov.uk/docs/healthchallenge/publications/stoppingsmoking/090115stoppi<br/>ngen.pdf)

- Secondhand smoke: What is it and what can you do about it?

[www.nhs.uk/smokefree/why-quit/secondhand-smoke](http://www.nhs.uk/smokefree/why-quit/secondhand-smoke)